For the release of the *Barriers to Wellness: Voices and Views from Young People in Five Cities* report, we encourage conversations on the youth-led assessment that provides new insight into the obstacles to wellness young people of color face.

You can find the report at [http://www.americaspromise.org/BarrierstoWellness](http://www.americaspromise.org/BarrierstoWellness). Please join the conversation by using the hashtags #Barriers2Wellness and #SafePlaces.

**NEWSLETTER BLURB**

**Youth-led Study Identifies Barriers to Wellness**

What stands between young people of color and wellness? That’s the question teams of young people explored, with support from the Center for Promise at Boston University School of Education. The answer, uncovered by this first-of-its-kind, multi-city youth-led assessment, starts with concerns for their safety. Find out more in *Barriers to Wellness: Voices and Views from Young People in Five Cities*, just released by America’s Promise Alliance. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness)

**REPORT PROMOTION**

**Facebook/LinkedIn:**


Download the report *Barriers to Wellness: Voices and Views from Young People in Five Cities* by Center for Promise at Boston University School of Education that taps into young people’s perspectives on the biggest barriers to wellness in their communities. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness #SafePlaces
Sharable Graphics


### Twitter:

NEW REPORT: #Barriers2Wellness: Voices & Views from Young People in 5 Cities via @Center4Promise @BU_SED [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #SafePlaces

Learn what #youth say are the #Barriers2Wellness in their communities in @Center4Promise @BU_SED report. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #SafePlaces


Learn how @Center4Promise @BU_SED conducted 1st multi-site #youth-led assessment to understand #Barriers2Wellness. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness)

Youth are often overlooked as leaders in research. See how @Center4Promise @BU_SED engaged them. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness

### Tweets about Findings:


"Kids can't walk or play w/o being worried about getting beat up or shot & killed." [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness #SafePlaces


"Police are scary figures to most youth. They are seen to be avoided at all cost." [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness #SafePlaces


Youth suffer from a lack of access to resources like healthy food. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness


Youth identified stereotyping & racial bias as stressors & #Barriers2Wellness to their well-being. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #SafePlaces

Youth are engaging in risky behavior such as drug use to cope w/ stress. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness

In Boston, only 20% of youth surveyed would go to police if they needed help. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness #SafePlaces

In Chicago, 82% of youth surveyed think about violence at least some of the time. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness #SafePlaces

In Philly, 80% of youth surveyed said black youth were more likely to be targeted by police. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness


"I believe that youth are the future & their voices needed to be heard." | Youth Researcher [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness

"I like how I was able to meet new people & see different neighborhoods." | Youth Researcher [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness

Youth felt empowered as leaders in community research thanks to @Center4Promise @BU_SED. [http://bit.ly/Barriers2Wellness](http://bit.ly/Barriers2Wellness) #Barriers2Wellness